STUDENT SERVICES EVENTS CALENDAR

Fall 2024

SOUTH
SUBURBAN
COLLEGE
Office of
STUDENT LIFE & LEADERSHIP

Welcome to the Fall 2024 Semester!



South Suburban College is so excited to have you as part of our student body for the spring semester. All spring we have new events, activities, and workshops that are designed to supplement your classroom learning process. Please take some time to check out our Fall 2024 Student Success Seminars that are constructed to help you navigate the semester successfully. SSC also offers opportunities to celebrate our diverse student body and support each other by recognizing special days and awareness months. Do you want to become

more involved and have your voice heard? You should consider becoming a student leader through the Student Government Association (SGA). As a student leader you will have an opportunity to ask questions, seek input, and provide recommendations for future programming. Student improvement is crucial to our improvement and we need you to share with us.

If you are not sure where to get the resources you need to be successful at SSC please visit our webpage at www.ssc.edu/students for an overview of everything we have to offer our students. Take advantage of our Food Pantry or engage with our Alumni/Mentor Network. Better yet, become our next SSC Student Trustee!

Whatever your interest, we have programming that will spark your interest, connect you to your peers, and provide you with the resources you need to be successful. Take full advantage of our student programming this spring. We are excited to have you at SSC and look forward to seeing you soon!

Devon Powell

Vice President, Student & Enrollment Services



Fall 2024 Events Calendar

Sponsored by the Office of Student Life and Leadership



Re-Grand opening

Date: Monday, August 26, 2024

Time: 10:00am-2:00pm Place: Bremen Room

Student Life and Leadership will be hosting a Re-grand opening for on campus food pantry. Stop by and learn about the healthy corner and community resources. The on-campus food pantry is for students to receive healthy food options. The food options is provided by the Greater Chicago Food Depository and supported by ECMC. Students must present a valid SSC student

ID for access.



Suicide Prevention and Awareness Month

Date: Month of September Place: Student Life and Leadership Webpage

Let's come together to learn, grow and support on a journey to mental well-being. In observance of suicide prevention and awareness visit the Student Life and Leadership webpage for an informational video on suicide and prevention and awareness. Resources will also be listed.

You Are Important Campaign

Date: Entire Month of September Place: Throughout the campus

As you navigate through campus visual reminders will be displayed to remind everyone they are important, needed and make a difference.

A Sweet Support

Date: Tuesday, September 10, 2024

Join us for "Sweet Support," a special event aimed at raising awareness about suicide prevention and mental health. By offering a small, sweet treat, we hope to open up big conversations about mental health and provide support to those who need it.

CIVILITY AWARENESS MONTH

CIVILITY PLEDGE BOARD

August 19th – August 30th • Operation Hours of the Campus • Atrium

Make a personal commitment to kindness by signing the Bulldog Civility Pledge Board.

SWEETEN THE SEMESTER

Monday, August 26, 2024 • 12:00pm - 1:30pm • Atrium

Join us kicking off civility awareness on campus promoting kindness and respect within our campus! The "Cookie Giveaway for Civility Awareness" is designed to encourage positive interactions and spread the message of civility.

WHAT IS CIVILITY AWARENESS?

Tuesday, August 27, 2024 • 12:00pm - 1:30pm • Atrium

Receive cards and a treat bag with helpful tips and inspiring quotes on how to practice civility in daily life.

A SCOOP OF CIVILITY

Date: Wednesday, August 28, 2024 • 12:00pm - 1:30pm • Atrium

Celebrate Civility Awareness Month with a sweet treat at our Scoop of Civility Event! Join us while Rainbow Cone serves their famous ice cream. This event is a great opportunity for students to enjoy ice cream while learning about the importance of civility and respect. Come grab a scoop, and help us promote a positive and inclusive campus atmosphere!

CIVILITY IN ACTION

Date: Thursday, August 29, 2024 • 12:00pm - 1:00pm • MB Financial

Join us for the Civility in Action Game Event. This engaging event offers students the opportunity to participate in interactive games and activities that promote civility, respect, and collaboration. It's a fantastic chance to connect with fellow students and have fun while learning important social skills. Don't miss out on this exciting event designed to enhance a positive and inclusive campus community!

CIVILITY DISCUSSION AND DONUTS

Friday, August 30, 2024 • 12:00pm - 1:30pm • PAC lobby

Join us for a thoughtful conversation at the Civility Discussion and Donuts event! Grab a donut and engage in meaningful discussions about important state-related topics, including Illinois health reform. This event provides a welcoming space for students to share their perspectives, listen to others, and promote respectful dialogue. This is an opportunity to contribute to the conversation on issues that matter to our community!

Student Appreciation Week

Write Your Future

Date: September 3-6

Time: During Hours of Operation

Place: SLL Bulletin board (End of 2nd floor ramp).

This will be a DIY project where you will have the opportunity to grab a sharpie and write your vision for growth and fulfillment. The positive words on the bulletin will serve as a guiding light to navigate you through the semester. The "Write Your Future" board can help you through challenges and triumphs you may encounter this semester.

A Snap Of Appreciation

Date: Tuesday, September 3, 2024

Time: 12:00pm-1:00pm

Place: Student Mall Area (2nd Floor)

Celebrate your Bulldog pride with "A Snap of Appreciation"! Join us for a fun photo event where you can express your school spirit and capture memorable moments.

Welcome Back Wednesday

Date: Wednesday, September 4, 2024

Time: 12:00pm-2:00pm

Place: Courtyard

Join SSC at the annual Welcome Back Celebration to kick off a successful school year. This is an opportunity for students to meet each other and learn about campus clubs, and resources.

Wheel of Bulldogs

Date: Thursday, September 5, 2024

Time: 12:00pm-1:30pm

Place: Student Mall Area (2nd floor)

Get ready for some fun and excitement with our "Spin the Bulldog Wheel" event! Show your Bulldog pride and spin the wheel for a chance to win a prize.

Shoot to Success

Date: Friday, September 6, 2024

Time: 12:00pm-1:30pm

Place: Student Mall Area (2nd Floor)

Put your basketball skills to the test. Join us for "Shoot to Success," an exciting event designed to inspire and motivate our students to aim high and achieve their goals.

Register to Vote Rally

Date: Tuesday, September 17, 2024

Time: 12:00pm-1:30pm Place: Student Mall Area

Join us on Constitution Day for an exciting Voter Registration Event. SSC will collaborate with Thornton Township to help students register to vote. Enjoy free popcorn and participate in giveaways when you register. Don't miss this chance to get involved in making a change. Make your voice heard—register to vote!



A Walk for PINK

Date: Wednesday, October 2, 2024

Time: 12:00pm -1:00pm

Place: Atrium

We invite you to join Student Life and Leadership in the "Walk for Pink" event. Lace up your sneakers and meet us at the atrium for a walk that will encompass the entire main campus. To participate in this event, ensure to register with Student life and Leadership office no later than September 3, 2024. For more information please contact Student Life and Leadership Studentlife@ssc.edu or Ext: 5737



Student Government Petitions

Date: Monday, September 30 - Friday, October 18

Time: Campus Business Hours

Place: SSC Campus

Students who wish to run for an SGA position can request a petition packet from Student Life and Leadership. This is a great opportunity to get involved in campus leadership and make a difference in the student community. If you're interested in representing your fellow students and contributing to the decision-making process at SSC, request your SGA petition with Student Life and Leadership. StudentLife@ssc.edu, room number 2329 or at EXT: 5737

Student Government Elections

Date: Monday, October 28-Friday, November 1

Time: Campus Business Hours

Place: SSC Campus

Students can actively participate in shaping the future of our campus by voting in the upcoming SGA (Student Government Association) elections. By voting, you ensure that your interests and concerns are represented by student leaders who share your vision for a better campus experience. For more information contact Student Life and Leadership. StudentLife@SSC.edu

Hispanic Heritage Month: Lunch and Learn

Date: Tuesday, October 15, 2024

Time: 12:00pm-2:00pm

Place: PAC

Place Join Student Life and Leadership and SOLES for an insightful Lunch and Learn series focused on the History of Hispanic Heritage Month. During this session, students will explore the origins, evolution, and impact of Hispanic Heritage Month, learning about the contributions of Hispanic and Latino communities to our nation's history and culture.

Raising Awareness: Stand Against Domestic Violence

Date: Monday, October 21, 2024

Time: 12:00pm-1:00pm Place: MB Financial

Join us for an informative session on domestic violence, presented by Anew in collaboration with Student Life and Leadership. This event aims to raise awareness about domestic violence, its impact, and the resources available for those affected. Anew, a leading organization in domestic violence support, will provide valuable insights and information to help attendees understand and combat this critical issue.



Wear Purple

Date: Thursday, October 24, 2024

Time: 12:00pm-1:30pm

Place: Atrium

Student Life and Leadership will be hosting a photo event to further raise awareness about domestic violence. We encourage everyone to wear purple, the color symbolizing domestic violence awareness, and to show our collective support for this important cause.

Veterans Appreciation Day

Date: Tuesday, November 12, 2024

Time: The Entire Day

Place: Atrium

In honor of Veterans Appreciation Day, There will be a special exhibit display dedicated to honoring our very own SSC veterans. The exhibit will feature profiles of SSC veterans, each highlighted with a personal photograph and a meaningful quote reflecting their experiences and insights from their time in service.



World Aids Day

Date: Monday, December 2, 2024

Time: Entire Day

Place: Great Hall of Study (4th floor)

In honor of World AIDS Day, students are invited to visit the SSC Wellness Kiosk, a dedicated space on campus offering a range of resources and support to help you stay safe.



The "Final" Lap to Finishing Strong

Date: Monday, December 9, 2024- Friday, December 13, 2024

Time: 10:00am-12:00pm Place: Student Mall Area

Students will be able to stop at the Student Life and Leadership table to grab a recharge snack during finals week.

Fall 2024 Student Success Seminars

Strategies for a Successful Semester

Thursday August 22 11:00am – 12:00pm

Presented by Rebecca Arnold, AAC Student Specialist-Rm. 2264

New to SSC? Looking for ways to have a more successful semester this Fall? Unsure what resources may be available to you? In this in person seminar, AAC Student Specialist Rebecca Arnold will talk about several habits of highly effective students, campus resources that are available to you, and strategies to get the most out of your classes. Please email AAC@ssc.edu with any questions about the session.

Discover SSC's Online Resources

Friday August 23 9:00am – 10:00am

Presented by William Radtke, AAC Manager - https://zoom.us/j/96209962139 Did you know that SSC students have free access to a variety of resources including counseling, tutoring, and Microsoft 365? Come join us for a virtual presentation about all of the free resources available for registered SSC students. This seminar will be conducted over Zoom. To access the Zoom meeting, go to zoom.us/join and enter 962 0996 2139 for the meeting ID or click the following link. https://zoom.us/j/96209962139. Please email AAC@ssc.edu with any questions.

Offered 2 times!

How to Navigate Your Online Courses

Monday August 19 9:00am – 10:00am Monday August 19 5:00pm – 6:00pm

Presented by William Radtke, AAC Manager- Rm. 2264/ https://zoom.us/j/96209962139

Do you have questions about your Online or Virtual course? You aren't alone. Join us for a brief walkthrough of D2L, Bongo, and we will answer the questions you have about your online courses. This in person seminar will be held in the Academic Assistance Center (Rm. 2264) and the audio and PowerPoint Presentation will be simultaneously broadcast on Zoom. To access the AAC Zoom, go to zoom.us/join and enter 96209962139 for the Meeting ID. Please email AAC@ ssc.edu with any questions.

How to be Organized

Wednesday August 28 11am – 12pm

Presented by Rebecca Arnold, AAC Student Specialist-Rm. 2264

Losing your assignments or notes can cause a lot of unneeded stress and extra work. This hour-long seminar will help you learn how to organize your course materials (and more!) to help you become a more successful student. Please email AAC@ssc.edu with any questions about the seminar.

Getting the Most Out of Your Calculator

Thursday September 5 11am – 12pm

Presented by Rebecca Arnold, AAC Student Specialist-Rm. 2264

Are you unfamiliar with everything your calculator can do for you? Do you have a new, more advanced calculator and need help learning how to use it? This seminar is designed to help students learn how to use their calculator more effectively. Be

sure to bring your calculator with you! Please email AAC@ssc.edu with any questions about the seminar.

Offered 2 times!

Working with Fractions

Tuesday September 10 2 – 3pm Tuesday November 5 2 – 3pm

Presented by Rebecca Arnold, AAC Student Specialist-Rm. 2264

Working with Fractions is a seminar designed to review adding, subtracting, multiplying and dividing fractions. Whether you're looking for a general review or looking for help to study for your MTH 093 Midterm, this seminar will help you feel more confident with your fraction arithmetic. Please email AAC@ssc.edu with any questions about the seminar.

How to Find Credible Sources

Wednesday September 18 1:00 – 2:00pm

Rm. 2264

Presented by Sangeeta Kumar, SSC Librarian-Rm. 2345 (Multipurpose Lab) It can be difficult to judge what is and is not a credible source on the internet with the vast amount of publicly available information. This seminar Presented by Sangeeta Kumar, SSC Librarian, will cover research strategies, how to identify misinformation, and how library resources can be used to find credible sources. This seminar will be held in person in Rm. 2345. Please email AAC@ssc.edu with any questions.

questions about the seminar.

Study Tips and Techniques

Thursday September 19 11am – 12pm

Presented by Rebecca Arnold, AAC Student Specialist-Rm. 2264

Everyone has a different method of studying. What works for your friend may not work for you! It's important to know several different study techniques. During this seminar with AAC Student Specialist Rebecca Arnold, you can learn a wide variety of study tips and techniques that can help you in any course. Please email AAC@ssc.edu with any questions about the session.

The Basics of APA Citations

Tuesday October 1 1:00pm – 2:00pm

Presented by William Radtke, AAC Manager-Rm. 2264

Do you find APA citations confusing? Then you will benefit from attending this seminar where we will discuss the basics of creating in-text citations, reference lists, and formatting your APA paper correctly. In addition, we will share other helpful resources for making sure your work is properly cited. Please email AAC@ ssc.edu with any questions about the seminar.

Offered 2 times!

Offered 2 times!

Factoring

Presented by Rebecca Arnold, AAC Student Specialist

This in-person factoring seminar presented by Rebecca Arnold, AAC Student Specialist, will review

all the factoring methods presented in MTH 095. This

particular seminar is perfect for students enrolled in

MTH 100. Please email the AAC@ssc.edu with any

Thursday August 29 11am – 12pm Friday November 22 11am – 12pm

Setting S.M.A.R.T. Goals

Wednesday September 4 11:00am – 12:00pm Wednesday October 23 11:00am – 12:00pm

Presented by William Radtke, AAC Manager - Rm. 2264/ https://zoom.us/j/96209962139

Learning how to set goals for yourself is crucial to moving forward in college and in life, but a poorly Planned goal can lead to failure and frustration. Please join us for "Setting S.M.A.R.T. Goals" where we will discuss the S.M.A.R.T. goal setting method and how you can create productive goals for yourself. This inperson seminar will be held in the Academic Assistance Center (Rm. 2264) where the audio and PowerPoint presentation will be simultaneously broadcast on Zoom. Please email AAC@ssc.edu with any questions.

The Basics of MLA Citations

Wednesday October 2 1:00pm - 2:00pm

Presented by William Radtke, AAC Manager-Rm. 2264

Do you find MLA citations confusing? Then you will benefit from attending this seminar where we will discuss the basics of creating in-text citations, works-cited pages, and formatting your MLA paper correctly. In addition, we will share other helpful resources for making sure your work is properly cited. Please email AAC@ ssc.edu with any questions about the seminar.

Tips for Writing an Essay or Research Paper

Thursday October 3 1:00pm - 2:00pm

Presented by William Radtke, AAC Manager-Rm. 2264

Every college student needs to write an essay or research paper at some point. Please join us for "Tips for Writing and Essay or Research Paper" where you will learn strategies and techniques to improve your writing and research skills. Please email AAC@ssc.edu with any questions about the seminar.

How to Manage Time Effectively

Thursday October 10 2024 2:00pm – 3:00pm

Presented by Roger DeSouza, Student Specialist-Rm. 2264

So many things to do, so little time to do it! Do you find yourself in this category?

If so, Join Roger DeSouza to learn about the fundamentals of time management. The myths, facts and features of time management will be explained. Please email AAC@ssc.edu with any questions.

Offered 2 times!

Mastering Personal Statements and Recommendation Letters

Tuesday September 24 2pm – 3pm Thursday Nov. 14 2pm – 3pm

Presented by William Radtke, AAC Manager - Rm. 2264/ https://zoom.us/j/96209962139

Do you find writing personal statements daunting? Do you dread asking for letters of recommendations for your college applications? If so, then please join us for a seminar where we will discuss strategies for creating effective personal statements and the dos and don'ts of asking for letters of recommendation. This in person seminar will be held in the Academic Assistance Center (Rm. 2264) and the audio and PowerPoint Presentation will be simultaneously broadcast on Zoom. To access the AAC Zoom, go to zoom.us/join and enter 96209962139 for the Meeting ID. Please email AAC@ ssc.edu with any questions.

Basic Computer Operations

Thursday October 17 2pm-3pm In-person

Presented by Roger DeSouza, AAC Student Specialist-Rm. 2264

Technology has impacted every aspect of our lives. Those who have limited to no knowledge of computers are disadvantaged in today's job market. Join this session and learn the skills you need to hunt for jobs, attach files to emails, write cover letters, and create a resume. Please email AAC@ssc.edu with any questions.

Offered 4 times!

How to Manage Test Anxiety

Thursday September 12 11am – 12pm Online Thursday October 10 11am – 12pm Online Thursday November 7 11am – 12pm Online Thursday December 5 11am – 12pm Online

Presented by William Radtke, AAC Manager - https://zoom.us/j/96209962139

Even the best students can become anxious while taking a test. Join us for our "How to Manage Test Anxiety" seminar where we will discuss strategies for relieving test anxiety before and during the test. In addition, we will present resources available to SSC students experiencing persistent anxiety. This seminar will be conducted over Zoom. To access the Zoom meeting, go to zoom.us/join and enter 962 0996 2139 for the meeting id or click the following link. https://zoom.us/j/96209962139. Please email AAC@ssc.edu with any questions.

How to Study For Final Exams

Wednesday December 4 1:00pm - 1:50pm

Presented by Sarah McAley, Faculty Counselor-Rm. 2264

Do you want to know your learning style, and how it will help you prepare for your finals? This session, Presented by Sarah McAley, Academic Advisor, will engage you in a short learning styles assessment, and provide useful information on preparing for your final exams. Please email AAC@ssc.edu with any questions.



If you are a student or know a student who is experiencing homelessness please consider these resources.





My Entry Point (877) 426-6515 Entry Point: Connect myentrypoint.org





Respond Now (708) 755-4357

https://respondnow.org/resources

For more resources visit:



JOB ANNOUNCEMENT SSC IS SEEKING PEER MENTORS.



Peer Mentors serve as positive social and academic role models to support and encourage students through a smooth transition, acclimation, and a sense of belonging to SSC.

Peer Mentors are paid \$13 an hour.

Scan the QR code below for more information on being a peer mentor and how to apply.





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